



# Arusha Kids Trust **Act for AKT** Challenge

Dear friends and supporters,

This has turned out to be an unprecedented year. We are unable to visit Arusha to be with the children whom we all support. It is however wonderful that we can regularly email, message and speak to the staff of Save Africa and the schools that we work with. Thank goodness for technology!

Just because we are unable to visit, the need doesn't stop. The children are still growing. Things like clothes, shoes, mattresses and mosquito nets wear out. We provided more food when the children were not at school from April to June.

As you know we cannot run a conventional fundraiser, so we thought we would do something different.

Now is the time for you to **Act for AKT**. **We challenge you** to do something you have never done before and ask your friends to sponsor you. Run, knit, learn to swim, write a poem, finish *War and Peace*, watch every episode of *The West Wing*. It can be something entirely new to you **or** it can be pushing something you already do to the next level.

**Kathy Acts for AKT** Kathy Green, our AKT Trustee and Public Officer, is challenging herself to run the equivalent of an ultramarathon (85km) during the month of November. How far will she go? See her story in the box.



I have always thought it would be wonderful to run and run and run. So I am taking this opportunity to run an ultramarathon. I have chosen to run the equivalent of Arusha to Moshi (the next town to the east of Arusha, at the foothills of Mount Kilimanjaro). The distance is 85 Km. My challenge is to run this distance during the month of November. I am already in training. I started out running only 400 m at a time. Now I'm up to 4 Km. **My goal is to raise at least \$2,000.**

Please let us know if you are going to accept the challenge and **Act for AKT**. We'd love to hear what you are planning. We'd love some photos or videos as you progress. We have set November 30<sup>th</sup> 2020 as the finish date for all challenges. If you choose something you need to train for then start slow and work up to your goal. Please contact your circle of friends and relations and ask them to sponsor you. We will provide a proforma for doing that should you wish to use it. All donations to Arusha Kids Trust are tax deductible.

If you do not wish to post a challenge yourself please sponsor Kathy Green, Trustee and Public Officer as she attempts an 85 Km ultramarathon. Please also encourage all your contacts to sponsor Kathy through our website [www.arushakidstrust.com](http://www.arushakidstrust.com).

To accept the **Act for AKT** Challenge please email us at : [arushakidstrust@gmail.com](mailto:arushakidstrust@gmail.com)

To donate go to our website [www.arushakidstrust.com](http://www.arushakidstrust.com) and click on the **Act for AKT** button.